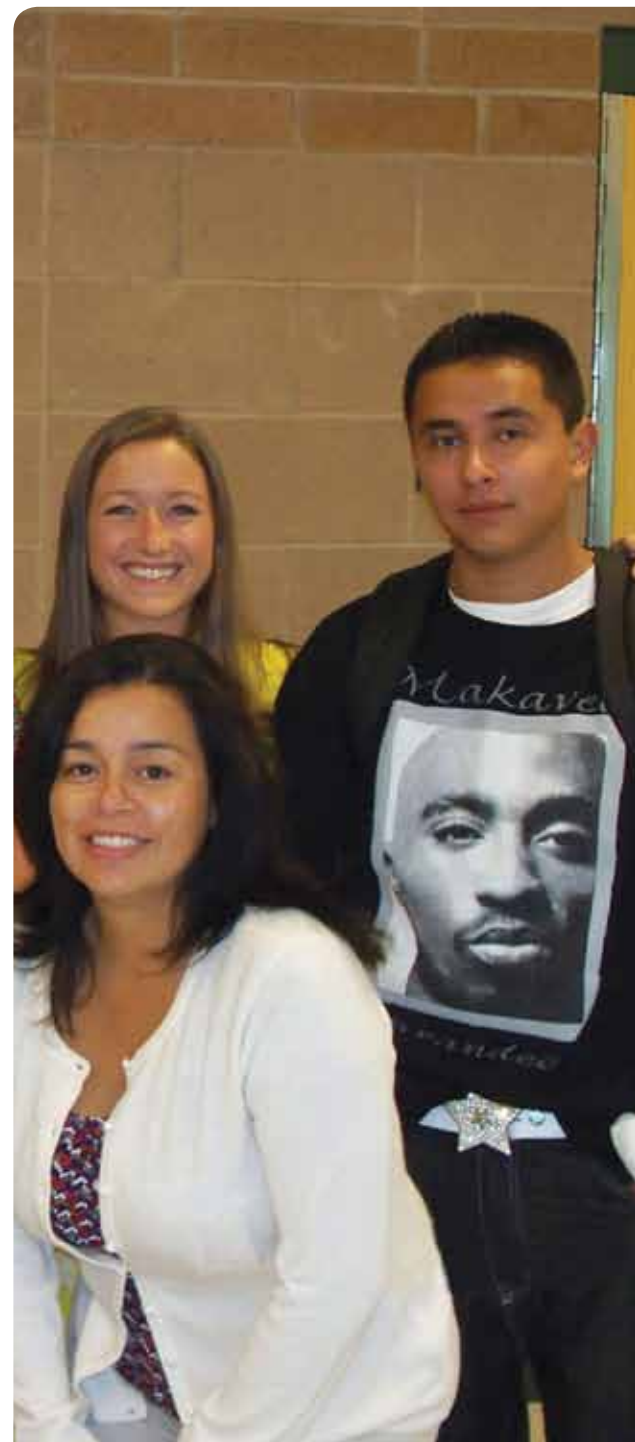


St. Luke's

YAK!

Youth Adult Konnections

WINTER 2010



Upcoming Events

For more information or to volunteer, please call Kelly Nicholson at 727-8735.

St. Luke's YAK! is a healthy youth development program based on the Developmental Assets philosophy and supported by a coalition of community partners. YAK! provides programs and services for young people that help them to be safe, healthy, and active participants in our community.

For more YAK! information:

Visit: www.stlukesonline.org/YAK

Call: (208) 727-8735 for Kelly or
(208) 727-8736 for Paris

Blog: youthadulthoodconnections.blogspot.com/

Meet J. Paris Nicholson St. Luke's YAK! Youth Outreach Specialist



Hello, I'm Paris and being a born and raised local of the Wood River Valley I cannot think of a better way to give back to this great community other than working with St. Luke's YAK! and helping with the new Idaho Drug Free Youth (IDFY) Chapter at the middle school. With a degree in Public Relations and experience in event coordination, along with youth coaching, I hope to be able to offer a wide array of activities to propel the youth of BCTAC II and BCTAC into 2010.

"Be the Change" Performance for Cox Communications

The Blaine County Diversity Dramatist Troupe will be performing for Cox Communications as part of the company's diversity training. The sessions will be facilitated by Sam Byrd of Diversity Works, and Jan Salisbury of Salisbury Consulting. The group will be performing two scenarios for the team.

December 10, 8:30-9:30 am
YMCA

YAK! Water Preservation and Conservation Project

Over the summer, the BCTAC students expressed interest in preserving and conserving water in the community. A new project will be designed and implemented in the Wood River Valley by BCTAC and BCTAC II. The goal is to educate and provide youth with leadership opportunities to explore ways the valley can unite the rivers, restaurants, homeowners, and general community members to help our water systems as a whole.

Ongoing, beginning in December
Informative sessions at regular meeting times for both groups

"Be the Change" Diversity Training

To address the changes in our community, St. Luke's YAK! is hosting another training for students and adults interested in joining the Blaine County Diversity Dramatist Troupe. The goal is to create dialogue about diversity issues and train the participants on scenarios that will be performed. The training will affirm the human dignity of all people and teach proactive behaviors to help create an accepting community.

Friday and Saturday, January 22 and 23,
10am-4pm each day
St. Luke's Center for Community Health

Life Skills for Entering the "Real World"

Many BCTAC students have expressed interest in learning more practical life skills. The goal is to have local professionals such as financial planners, real estate agents, nutrition specialists, and car dealers provide an interactive easy-to-follow approach to learning the "ins and outs" of making it after graduation.

January TBA
The HUB, Community Campus



The Idaho Inclusiveness Coalition (IIC) presented "The Changing Face of Idaho" Diversity & Inclusion Symposium, a conference about how schools, businesses, and communities can benefit from a deeper understanding of diversity. BCTAC's Blaine County Diversity Dramatist Troupe was invited to perform two diversity scenarios in the form of a workshop.

WE HAVE MOVED

Come visit us on the second floor of the new St. Luke's Clinic located at 1450 Aviation Drive, Suite 200, Hailey, ID 83333

Meet a BCTAC Student

Sara Cooley



Sara Cooley is a senior at WRHS and has been a member of BCTAC since the 7th grade. She has displayed many leadership qualities by being a mentor to the current BCTAC II group and taking responsibility for many of the BCTAC projects.

Sara is the current recipient of an Unsung Hero Community Award for being an Outstanding Youth Peer Role Model. She also received the honor of attending the St. Luke's Volunteer Recognition Luncheon and was awarded with the most youth volunteer hours served the past year. Sara is currently in Honor Band playing the flute. Her Senior Project is job shadowing nurses.



BCTAC II field trip to the Blaine County Hunger Coalition Oct. 2009



St. Luke's YAK! is proud to be partnering with the Blaine County Community Drug Coalition to bring a chapter of Idaho Drug Free Youth (IDFY) to the valley. IDFY is a youth-driven student organization made available to youth 6th-12th grade in the state of Idaho. YAK! will be incorporating IDFY into its already existing Blaine County Teen Advisory II (BCTAC II) group at the middle school. Did you know more teens die as a result of alcohol use than all other illegal drugs combined, and teens that begin drinking before the age of 15 are 5 times more likely to have alcohol problems when they're adults? Find out what IDFY and St. Luke's YAK! are doing to help remedy this issue here locally by visiting the YAK! website at www.stlukesonline.org/yak.

For more information or to join BCTAC II, please call 727-8736

Ongoing Projects

For more information or to volunteer, please call Kelly Nicholson at 727-8735.

Blaine County Teen Advisory Council (BCTAC)

BCTAC is the high school group of St. Luke's YAK! It is a fun, hardworking youth action council committed to improving the community by involving young people in community service, creating programs and services to address youth needs, and building Developmental Assets.

Tuesdays, 7-8 pm
The HUB, Community Campus

For more information, or to join BCTAC call Kelly at 727-8735

Blaine County Teen Advisory Council II (BCTAC II)

BCTAC II is a middle school youth council that works to improve both the school and outside community for young people. BCTAC II helps educate our youth about building Developmental Assets, largely by planning and implementing community service projects.

Mondays, 3:30-5:15pm
Wood River Middle School Library

For more information, or to join BCTAC II call Paris at 727-8736.

Blaine County Youth Partnership (BCYP)

BCYP is the adult counterpart of BCTAC and works to encourage healthy youth-adult relationships in our community. In addition to their participation in community

service projects, members direct the formulation and fulfillment of YAK!'s mission.

Policy-Making and Advisory Committees

Members of BCTAC have sat on many boards and councils in Blaine County and offer youth input on a variety of issues. If your organization would like or needs youth input please call us.

Congressional Award

St. Luke's YAK! provides free assistance and guidance for those seeking the prestigious national Congressional Award. Sign up today at www.congressionalaward.org

Teen Job Board/Calendar of Events

Check out the Teen Job and Community board online at our recently updated website www.stlukesonline.org/YAK. This information is also available at WRHS and Atkinson's Market in Hailey.

Winter Volunteer Opportunities

Opportunities exist for volunteering all winter long, on a one-time or recurring basis. Organizations YAK! supports include: Sun Valley Adaptive Sports, the Hunger Coalition, The Advocates, Souper Supper, The Environmental Resource Center (ERC), The Nature Conservancy/Silver Creek Preserve, and the Wood River Animal Shelter.



St. Luke's YAK! and the City of Hailey co-sponsored the Hailey Skate Show 2009



Youth Adult Konnections

Blaine County Youth Partnership &
Blaine County Teen Advisory Council



Whitnee Dudley and Elena Almquist at Relay for Life August 13, 2009

Cover photo: Blaine County Diversity Dramatist Troupe members

Contribute

Give the gift that keeps on giving. Donate to St. Luke's YAK! in someone else's name or your own!

Contribute to St. Luke's YAK!

Financial contributions: Mail a tax-deductible contribution to support our youth programs and help St. Luke's YAK! reach its goals. Both monetary and in-kind contributions are always appreciated. Make checks payable to St. Luke's Wood River Foundation and mail to:

St. Luke's Wood River Foundation
PO Box 7005
Ketchum, ID 83340

Volunteer: We have volunteer opportunities for all ages, interests, and needs. We are indebted to our volunteers for their generous contribution to the community.

Suggestions: We are always looking for new community service and outreach opportunities. Send us your ideas.

A project of St. Luke's Wood River Medical Center

Youth Adult Konnections

