

YAK!

Youth Adult Konnections

Spring/Summer 2009



Upcoming Events

St. Luke's YAK! is a healthy youth development program based on the Developmental Assets philosophy and supported by a coalition of community partners. YAK! provides programs and services for young people that help them to be safe, healthy, and active participants in our community.



For more YAK! information:

Visit: www.stlukesonline.org/YAK
Call: (208) 727-8735
Blog: youthadulthoodconnections.blogspot.com/

Se hable español. Llámanos con preguntas.

Wednesday Morning Meditation Series

Valerie Skonie, founder and executive director of the Winter Feast for the Soul, leads guided weekly meditation sessions for students. All high school students are welcome.

For more information call Kelly at 727-8735.

Wednesdays, 8:15-8:45 am
Wood River High School Gym Balcony

Healthy Choices Panel - Today Affects Tomorrow

This panel will discuss the choices teens need to make today in order to be healthy and successful in the future. Covered topics include drug use, sexual activity, alcohol, and friends. The panelists are Terry Basolo, Executive Director of the Blaine County Community Drug Coalition, Jenny Stireman, NP-C with St. Luke's Obstetrics and Gynecology, and Michael Mercy, MD, emergency medicine.

For more information call Kelly at 727-8735.

March 11
Wood River High School

"Be the Change" Diversity Training

To address the changes in our community, St. Luke's YAK! is offering a small retreat to create dialogue regarding diversity issues. The retreat will feature the Boise Diversity Drama Troupe, a well-known acting group that dramatizes issues related to diversity. Students will be trained to perform diversity skits at forums throughout the Wood River Valley. These skits will affirm the human dignity of all people and teach proactive behaviors to help create an accepting community.

For more information call Kelly at 727-8735.

Saturday, March 28, 10:00 am – 6:00 pm
Ellsworth Inn, Hailey



Annual Teen Job Launch and Fair

Come find a summer job or community service opportunity! Local businesses and community organizations will be looking for Wood River High School students to fill positions. Join us for the Job Launch beforehand, which will give advice on how to find and keep a job.

For more information call Regina at 727-8736.

Job Launch - Tuesday, April 1, 2:00-3:30 pm
Job Fair - following the Launch, 3:30-5:00 pm

Wood River High School Commons

Souper Supper

Help St. Luke's YAK! and St. Luke's Mujeres Hispanas volunteer group cook and serve this free community dinner.

For more information call Kelly at 727-8735.

April 20, 4:00-7:00 pm
St. Charles Catholic Church Parish Hall

Rethink Trash

St. Luke's YAK! and the Environmental Resource Center will team up to raise awareness of environmental issues surrounding recycling and consumption. BCTAC and BCTAC II will focus on these issues throughout April and their work will culminate with an Earth Day celebration.

For more information call Regina at 727-8736.

Throughout April
Wood River Middle School and High School

Girls on the Run Wondergirl 5K

This 6th annual community-wide event benefits Girls on the Run. The 5K race and healthy living expo, games and prizes celebrate the Wondergirl in all our lives.

Visit www.girlsontherunwrv.org for more information. To volunteer call Kelly at 727-8735.

Saturday, May 16, 9:30 am
Heagle Park, Hailey

Ongoing Events

Jay Owenhouse Magic Show

Jay Owenhouse is returning to perform his amazing magic show. Come watch as Jay makes audience members float in mid-air, get sawed in half, and disappear! Jay is once again joined by his Bengal Tiger, Shere-Khan. This year Jay will perform only one show so be sure to get tickets in advance!! Volunteers needed all day.

Tickets are on sale now, and may be purchased in advance at a discount by calling 1-800-779-8600. To volunteer call Kelly at 727-8735.

Saturday, June 13, 2:00 pm ONLY
Wood River High School Gymnasium

Camp Rainbow Gold

This annual camp is in support of youth ages 6-17 who have been diagnosed with cancer. Volunteers are needed to help in all aspects of this incredible event. Donate your service in this beautiful setting north of Ketchum.

For more information call Kelly at 727-8735.

Sunday, August 2 – Friday, August 7
Cathedral of the Pines, Ketchum

Frank Church Wilderness Stewardship Trip

Preservation of Idaho's incredible natural area is critically important. St. Luke's YAK! will join the U.S. Forest Service in the Frank Church Wilderness for several days of trail maintenance and wilderness stewardship. Join us for community service outside of the valley. Space is limited - call to reserve your spot.

For more information call Regina at 727-8736.

August TBA



Blaine County Teen Advisory Council (BCTAC)

BCTAC is the high school group of St. Luke's YAK! It is a fun, hardworking youth action council committed to improving the community by involving young people in community service, creating programs and services to address youth needs, and building Developmental Assets.

For more information, or to join BCTAC, call Kelly at 727-8735.

Tuesdays, 7:00-8:00 pm
The Hub, Community Campus

Blaine County Teen Advisory Council II (BCTAC II)

BCTAC II is a middle school youth council that works to improve both the school and outside community for young people. BCTAC II helps educate our youth about building Developmental Assets, largely by planning and implementing community service projects.

For more information, or to join BCTAC II, call Regina at 727-8736.

Every Monday, 3:30-5:15 pm
Wood River Middle School Library

Blaine County Teen Advisory Council III (BCTAC III)

BCTAC III is a newly formed group that seeks to improve the health of Latino elementary school students. Participants learn about healthy lifestyle through interactive and movement-based activities.

For more information, or to join BCTAC III, call Regina at 727-8736.

Every Tuesday, 6:30-7:30 pm
Community Campus, Hailey

Blaine County Youth Partnership (BCYP)

BCYP is the adult counterpart of BCTAC and works to encourage healthy youth-adult relationships in our community. In addition to their participation in community service projects, members direct the formulation and fulfillment of YAK!'s mission.

For more information call Kelly at 727-8735.

Policy-Making and Advisory Committees

Members of BCTAC sit on many boards and councils in Blaine County and offer youth input on a variety of issues. Call Kelly at 727-8735 if your organization needs youth input.

Congressional Award

St. Luke's YAK! provides free assistance and guidance for those seeking the prestigious national Congressional Award. Sign up today at www.congressionalaward.org.

For more information call Kelly at 727-8735.

Teen Job Board/Calendar of Events

Check out the Teen Job and Community Service board online at our recently updated website - www.stlukesonline.org/YAK. This information is also available at Atkinson's Market in Hailey, WRHS, and the Hub at the Community Campus.

Youth Media Expressions

Teens can voice their opinions through a variety of media outlets. Members of BCTAC have written articles for the *Wood River Journal*, the *Mountain Express*, posted articles on www.sunvalleyonline.com and written for the new YAK! blog, available at <http://youthadultkonnections.blogspot.com>.

Spring Volunteer Opportunities

Opportunities exist for volunteering all throughout the spring, on a one-time or recurring basis. Organizations YAK! supports include: Sun Valley Adaptive Sports, the Hunger Coalition, The Advocates, Sagebrush Equine Therapy Arena, The Environmental Resource Center (ERC), The Nature Conservancy/Silver Creek Preserve, and the Wood River Animal Shelter.



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Blaine County Youth Partnership &
Blaine County Teen Advisory Council

Contribute

Give the gift that keeps on giving. Donate to St. Luke's YAK!
in someone else's name or your own!

Contribute to St. Luke's YAK!

Financial contributions: Mail a tax-deductible contribution to support our youth programs and help St. Luke's YAK! reach its goals. Both monetary and in-kind contributions are always appreciated. Make checks payable to St. Luke's Wood River Foundation and mail to:

St. Luke's Wood River Foundation
PO Box 7005
Ketchum, ID 83340

Volunteer: We have volunteer opportunities for all ages, interests, and needs. We are indebted to our volunteers for their generous contribution to the community.

Suggestions: We are always looking for new community service and outreach opportunities. Send us your ideas.

A project of St. Luke's Wood River Medical Center

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417 North Main Street
Halley, Idaho 83333

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