

St. Luke's  
**YAK!**  
Youth Adult Konnections

SPRING/SUMMER 2010



# Upcoming Events

St. Luke's YAK! is a healthy youth development initiative based on the Developmental Assets philosophy and supported by a coalition of community partners. YAK! provides programs and services for young people that help them to be safe, healthy, and active participants in our community.

## For more YAK! information:

Visit: [www.stlukesonline.org/YAK](http://www.stlukesonline.org/YAK)

Blog: [youthadulthoodconnections.blogspot.com](http://youthadulthoodconnections.blogspot.com)

Call: (208) 727-8735 for Kelly or  
(208) 727-8736 for Paris

Fax: (208) 727-8730

1450 Aviation Drive, Suite 200  
Hailey, ID 83333

## Jay Owenhouse Magic Show

The phenomenal touring Owenhouse show breaks new ground with a brand new, elaborate show called "Magic on the Edge". Watch this mind boggling, spell-binding experience where Jay makes audience members float in mid-air, get sawed in half, and disappear! Jay is once again joined by his Bengal Tiger, Shere-Khan. Proceeds from the show benefit YAK! Tickets are on sale now, and may be purchased in advance at a discount by calling 1-800-779-8600.

**Saturday, May 8, 2:00 PM**

**Wood River High School, Gymnasium**

Call Kelly at 727-8735 for more information.

## Annual Teen Career Fair

All students are invited to join YAK! as it partners with Wood River High School for the annual Teen Career Fair. Everyone from doctors to artists will be there to answer your questions. This is a perfect opportunity to gear your education towards your future career.

**Tuesday, May 18, 1:00 - 3:00 PM**

**Wood River High School, Upper Gym**

Call Paris at 727-8736 for more information.



Clara, Catherine, and Shyla making pottery

## Congressional Award

St. Luke's YAK! is currently working with the Wood River YMCA in providing the curriculum for students to achieve their national Congressional Award Certificates and Medals. This is a great way in which students can have a personal experience developing their capabilities in the areas of volunteerism, physical fitness, personal development, and exploration. It's not too late to join in the fun, and if you're worried about getting to Ketchum and back just hop on the bus with Mountain Rides! They'll drop you off in front of the YMCA at 6:42 pm with a 7:42 pm pickup back south.

**Thursdays, 6:45 - 7:45 PM,**

**until the end of May**

**Wood River YMCA, Community Room**

Call Paris at 727-8736 for more information.

## Relay for Life

This year, St. Luke's YAK! is the lead for Activity and Youth Involvement. We will be designing, planning and implementing games and activities for the whole night. Come have fun and support cancer research.

**Friday & Saturday, July 9 & 10**

Call Kelly at 727-8735 for more information.

## Frank Church Wilderness Stewardship Trip

Preservation of Idaho's incredible natural area is critically important and St. Luke's YAK! will again join the U.S. Forest Service in the Frank Church Wilderness. Last year 25 miles of trails were cleared by BCTAC students on a four day / three night trip! This is a great experience. Space is limited.

Call Paris at 727-8736 for more information.

## 2010 Developmental Assets Survey

For the last 12 years the Developmental Asset Survey has provided invaluable information about Blaine County 6-12 graders and what we can do as adults to nurture and include them in the community. The 2010 Asset Survey will be conducted in schools on May 14, with data available this fall.

Call Kelly at 727-8735 for more information.

## Konnections Made

### BCTAC Students Hired Through Volunteering

*I was so impressed with the young ladies who worked at Sun Valley Resort through the holidays that I would be remiss not to express my appreciation. I believe their contribution to Sun Valley's 100% Guest Satisfaction goal was substantial.*

*Thank you for the YAK Program.*

Lana Breazeale, Director of Recreation  
Sun Valley Resort



Lauren working at the ice-skating rink



Sara working in the daycare

# Thank You!

We would like to thank all our volunteers who help make YAK! a successful program, with "shout outs" to Josh Hagley, Wells Fargo, for giving his time for the Life Skills Series, Jenny Stireman, RN, St. Luke's, for her much needed support for the Life Skills Series and Healthy Choices panels, and to Lana Breazeale, Director of Recreation at the Sun Valley Resort for providing such great opportunities for all the YAK! students.

## Outside Summer Fun

BCTAC and BCTAC II will be doing many outside activities this spring and summer

- Weed control and trash pick up along the Big Wood River
- Hikes around the valley and walking dogs from the Animal Shelter
- Assist in maintaining the Hope Garden for the Hunger Coalition



BCTAC's tank for the Snowbox Derby

# Ongoing Projects

## Blaine County Teen Advisory Council (BCTAC)

BCTAC is the high school group of St. Luke's YAK!. It is a fun, hardworking youth action council committed to improving the community by involving young people in community service, creating programs and services to address youth needs, and building Developmental Assets.

**Tuesdays, 7:00 - 8:00 PM**

**The HUB, Community Campus, Hailey**

For more information, or to join BCTAC, call Kelly, 727-8735.



Josh, Nick and Kelly skiing on Baldy

## Blaine County Teen Advisory Council II (BCTAC II)

BCTAC II is the middle school group of St. Luke's YAK! that works to improve both the school and community for young people. BCTAC II helps educate our youth about building Developmental Assets, largely by planning and implementing community service projects.

**Mondays, 3:30 - 5:15 PM**

**Wood River Middle School Library**

For more information, or to join BCTAC II, call Paris, 727-8736.

## YAK! Updates

Check out YAK! Updates online anytime at our website - [www.stlukesonline.org/YAK](http://www.stlukesonline.org/YAK). This information is also available at Atkinson's Market in Hailey.

## YAK! Water Preservation and Conservation Project

Over the summer, the BCTAC students have expressed interest in preserving and conserving water in the community. A new project will be designed and implemented in the Wood River Valley by BCTAC and BCTAC II. The goal is to educate and provide youth with leadership opportunities to explore ways the valley can unite the rivers, restaurants, homeowners, and general community members to help our water systems as a whole.

## Spring/Summer Volunteer Opportunities

Opportunities exist for volunteering all throughout the spring and summer, on a one-time or recurring basis. Organizations YAK! supports include: Blaine County Recreation District, Sun Valley Adaptive Sports, the Hunger Coalition, The Advocates, the Environmental Resource Center (ERC), Souper Supper, The Nature Conservancy/Silver Creek Preserve, the Wood River YMCA, and the Wood River Animal Shelter.



Ala, Robert, Jason, Stephen, Alex at YMCA rock climbing wall



## Youth Adult Konnections

Blaine County Youth Partnership &  
Blaine County Teen Advisory Council



BCTAC and BCTAC II at Boulder Mountain Clayworks

Cover photo: Alex, Jason and Stephen support the Advocates annual "Walk the Walk"

## Contribute

Give the gift that keeps on giving. Donate to St. Luke's YAK! in someone else's name or your own!

### Contribute to St. Luke's YAK!

**Financial contributions:** Mail a tax-deductible contribution to support our youth programs and help St. Luke's YAK! reach its goals. Both monetary and in-kind contributions are always appreciated. Make checks payable to St. Luke's Wood River Foundation and mail to:

St. Luke's Wood River Foundation  
PO Box 7005  
Ketchum, ID 83340

**Volunteer:** We have volunteer opportunities for all ages, interests, and needs. We are indebted to our volunteers for their generous contribution to the community.

**Suggestions:** We are always looking for new community service and outreach opportunities. Send us your ideas.

*A project of St. Luke's Wood River Medical Center*

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