



American Dietetic Association

National Nutrition Month  
March 2009



## **EAT RIGHT .....WITH THE RIGHT PROFESSIONAL**

### **THE RIGHT PROFESSIONALS: REGISTERED DIETITIANS**

#### **Who is a Registered Dietitian?**

Registered dietitians have degrees in nutrition from well-respected accredited colleges and universities. They must pass a national exam and meet continuing education requirements to maintain their registration.

#### **Trust a Registered Dietitian**

Registered dietitians draw on their experience to develop a personalized nutrition plan for individuals of all ages. They know the science of nutrition and can separate facts from fads and translate nutritional science into information to use.

#### **Looking for a Registered Dietitian?**

St Luke's employees nearly 25 dietitians from Meridian to Boise to Magic Valley to Wood River. When you need trusted, accurate, timely and practical nutrition advice, seek the services of a registered dietitian.

To reach a St Luke's hospital dietitian call 381-2425, to reach an outpatient dietitian, call 381-2403.